Group Works Patterns by Category

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Discover coherence

move toward

convergence. By

and shared meaning to

gathering knowledge

and teasing out the

threads of common

understanding, you

and clear outcomes.

can arrive at consensus

Faith

Trust and accept what happens in a spirit of letting go and letting come. Invite the mystery and complex magic of emergence. This quality is felt as a deep sense of connection not only to those assembled and to the work's purpose, but to the larger universe as well.

Intention

All Grist for the Mill

Trust the Wisdom of the Group

Dive in

Magic

Silence Spirit

Inquiry & Synthesis

Deliberate

Experts on Tap

Inform the Group Mind

Mapping and Measurement

Distilling

Feedback

Go Deeper

Harvesting

Inquiry

Emergence

Letting Go

Presence

Concentrate on serving the larger purpose for the gathering and how it is enacted. Why are we here? What's our shared passion? What we are aiming to accomplish? Includes addressing the longer term meaning and consequence of this event or series.

Commitment Invitation **Priority Focus** Purpose Setting Intention

Keystone patterns are in **bold**

Be aware of and respect the broader context and circumstances of time, place, and culture. Grounded in this understanding, intentionally create the container for group engagement.



Aesthetics of Space Circle Gaia Group Culture **History and Context** Nooks in Space and Time Power of Place Whole System in the Room

Relationship

Create and maintain quality connections with each other through nurturing rapport and friendship, honouring people's full selves, and finding ways to be authentic. This sometimes requires working with power relations, or foregrounding emotional needs in the moment rather than task ...

Appreciation **Breaking Bread Together** Celebrate Good Faith Assumptions Honour Each Person Hosting Power Shift Shared Airtime **Tend Relationships** Transparency



Group events have a rhythm and a flow to them. Both in anticipating an event and in response to emerging circumstances, pay attention to energy and pacing; let this influence your decisions on when to do what, how long and how often.

Balance Process and Content Balance Structure and Flexibility Closing **Divergence and Convergence Rhythm** Follow the Energy Iteration Opening and Welcome Preparedness Reflection/Action Cycle Rest **Right Size Bite** Ritual Seasoned Timing Subgroup and Whole Group Trajectory

Understand divergent ways of seeing an issue to support the group in openly and thoughtfully exploring options. Be flexible and use your imagination in considering a variety of vantage points. The key is in how you look at something.

Perspective

Apply the wisdom of different processing styles and a variety of expressive modes to open up creative possibilities. Established conventions may need to be challenged or worked with. Ask how this session could be more fun in order to better accomplish its goal.



Challenge **Expressive Arts Generate Possibilities** Improvise Mode Choice Playfulness **Power of Constraints**

Common Ground Embrace Dissonance and Difference Fractal Go Meta Seeing the Forest, Seeing the Trees Time Shift Translation Unity and Diversity

Value the Margins

Viewpoint Shift

Moving Toward Alignment Naming Story Yes, And Modelling

Appropriate Boundaries

Courageous Modelling

Dwell with Emotions

Guerrilla Facilitation

Discharging

Holding Space

Not About You

Self-Awareness

Taking Responsibility Witness with Compassion

Shared Leadership and Roles

Listening

Mirroring

Simplify

Cultivate essential skills and responsibilities for both facilitators and participants, to ensure the process goes well and to demonstrate good group practice. Leading by action and example, guide the group toward effective personal and collective selfresponsibility.

Group Works Pattern List

I. Aesthetics of Space 2. All Grist for the Mill 3. Appreciation 4. Appropriate Boundaries 5. Balance Process and Content 6. Balance Structure and Flexibility 7. Breaking Bread Together 8. Celebrate 9. Challenge 10. Circle 11. Closing 12. Commitment 13. Common Ground 14. Courageous Modelling 15. Deliberate 16. Discharging 17. Distilling 18. Dive In 19. Divergence and Convergence Rhythm 20. Dwelling with Emotions 21. Embrace Dissonance and Difference 22. Emergence 23. Experts on Tap 24. Expressive Arts 25. Feedback 26. Follow the Energy 27. Fractal 28. Gaia 29. Generate Possibilities 30. Go Deeper 31. Go Meta 32. Good Faith Assumptions 33. Group Culture 34. Guerrilla Facilitation 35. Harvesting 36. History and Context 37. Holding Space 38. Honour Each Person 39. Hosting 40. Improvise 41. Inform the Group Mind 42. Inquiry 43. Invitation 44. Iteration 45. Letting Go

46. Listening

47. Magic

- 48. Mapping and Measurement
- 49. Mirroring
- 50. Mode Choice
- 51. Moving Toward Alignment
- 52. Naming
- 53. Nooks in Space and Time
- 54. Not about You
- 55. Opening and Welcome
- 56. Playfulness
- 57. Power of Constraints
- 58. Power of Place
- 59. Power Shift
- 60. Preparedness
- 61. Presence
- 62. Priority Focus
- 63. Purpose
- 64. Reflection-Action Cycle
- 65. Rest
- 66. Right Size Bite
- 67. Ritual
- 68. Seasoned Timing
- 69. Seeing the Forest, Seeing the Trees
- 70. Self-Awareness
- 71. Setting Intention
- 72. Shared Airtime
- 73. Shared Leadership and Roles
- 74. Silence
- 75. Simplify
- 76. Spirit
- 77. Story
- 78. Subgroup and Whole Group
- 79. Take Responsibility
- 80. Tend Relationships
- 81. Time Shift
- 82. Trajectory
- 83. Translation
- 84. Transparency
- 85. Trust the Wisdom of the Group
- 86. Unity and Diversity
- 87. Value the Margins
- 88. Viewpoint Shift
- 89. Whole System in the Room
- 90. Witness With Compassion
- 91. Yes, and